

CLASSICAL BALLET ACADEMY of MN

Official school of Ballet Minnesota

September 2019 Newsletter

BMN: 651-222-7919 CBA: 651-290-0513

St Paul, 314 Chester Street, 55107

Woodbury: 7582 Currell Blvd. #207, 55125

2019 – 2020 SCHOOL YEAR

Fall Sept 9 – Nov 24, 2019

Winter March 2 – May 16, 2020

Spring June 3 – August 15, 2019

QUESTIONS

The best way to get a question answered is to contact Andrew Rist, co-director of Classical Ballet Academy, directly.

[Email will take much longer.](#)

Call the school phone at 651-290-0513.

When a receptionist is not at the desk, the phone is transferred to Andrew's phone.

FALL and WINTER PERFORMANCES

November 12. Performing section 7 of Appalachian Spring with Stillwater High School Orchestra in Stillwater.

November 22. Nutcracker Preview.
Mpls/St Paul International Airport.

November 29. Nutcracker Preview.
IDS Crystal Court, Downtown Mpls

November 30. Nutcracker Preview.
St Paul Hotel.

December 11-15. Classic Nutcracker
O'Shaughnessy, St Paul

WRITE A REVIEW ON GOOGLE

Please help CBA by going online at Google and writing a review about the school. Thank you.

WHAT IS CONTEMPORARY?

The word contemporary dance has many definitions today. The contemporary taught at CBA is the union of ballet and modern dance.

Contemporary is an excellent conditioning Method which increases the strength of the core or abdomen section of the body. Beginning with Level 3 at CBA contemporary is introduced as both the learning of another dance form and an excellent conditioning and strengthening class.

PARENT'S NUTCRACKER BOOKLET

Ballet Minnesota will be handing out a 'Parent Information Booklet'. The booklet gives you information about what to expect before and during Nutcracker.

COSTUME SEWING HELP

There many volunteer positions which need help during Nutcracker. If you would be interested in helping with sewing please contact Andrew Rist at 651-290-0513.

BALLET MINNESOTA BOARD

TREASURER

If you would be interested in serving on the Board of Ballet Minnesota, please contact Andrew Rist at 651-290-0513.